

## What isn't bullying?

In our school we will always respond to unacceptable behaviours and will investigate to consider if behaviours are bullying.

If someone kicks, hits or pushes you or says something mean you should ALWAYS tell someone— These are unacceptable behaviours. Also a fall out with your friend isn't bullying.

## What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying behaviour.
- Ask the person to stop if it is safe to do so.
- Don't laugh or join in with the bullying behaviour.
- Don't stay silent or the bullying behaviour will keep happening.
- Talk kindly to the person being bullied to see if you can help.
- If the person being bullied has no one to play with, ask them to play with you!



**NO BULLY**



# Remember!

If everyone follows our school rules then there will be no bullying!



We will all work together to  
**STOP** bullying!!

## SCHOOL RULES

1. We try our best
2. We are gentle and keep each other safe
3. We are kind and helpful
4. We show respect
5. We listen and are honest
6. We look after property



## Kindness is free!



## Child Friendly

## Anti-Bullying Policy



# What is bullying?



Bullying is usually a repeated behaviour that intentionally hurts, harms or adversely affects the rights and needs of another or others.

Bullying behaviours can be:

- Verbal or written acts (e.g. making fun of others, saying mean things, trying to make other/s dislike another pupil/s etc.)
- Physical acts (hitting, kicking, pushing etc.)
- Omission (intentionally leaving someone out of a group of friends, activities, games etc. or refusing to include someone in activities, games etc.)
- Electronic acts (using online platforms to carry out written acts, sharing images to embarrass someone etc.)



## What can you do if you feel you are experiencing bullying behaviour..

- Ask who is doing the bullying behaviour to **STOP** - use eye contact and tell them to go away.
- Say no or explain how you feel.
- Ignore or walk away.
- Make sure you tell someone.
- Ask a friend for help/backup.
- Always try to get help.
- If you are being bullied online then report it to an adult at home. School can help sort it out.

### Who can you tell?

A friend

A family member

Your Teacher

Any adult in the school

## Try not to...

- 'Give as good as you get' as this will make the situation worse.
- Do what he/she/they say.
- Get angry, look upset or scared.
- Think it's your fault.
- Keep the fact that you are being bullied inside you and not let anyone else know about it.



## How do we respond to bullying behaviours?

**WE WILL ALWAYS TREAT BULLYING BEHAVIOURS SERIOUSLY**

*If someone reports bullying behaviour...*

- **We will always investigate** to consider whether the behaviours are unacceptable behaviours or bullying behaviours.
- If we think the behaviours are bullying **we will talk to the person displaying the bullying behaviour** and explain they **MUST** stop being unkind to you.
- **We will try and find out why these behaviours are happening.** The person who has been using bullying behaviour will need to reflect about what they've done wrong and how they made you feel.
- **We will put interventions in place and we may give consequences and sanctions for those displaying the bullying behaviour.** He/she/they will need to change their behaviour and we may need to help them do so.
- **We will keep in touch** with everyone on a regular basis to ensure the bullying has been resolved.
- We will always try to **RESPOND** to the behaviours, **RESOLVE** the behaviours and **RESTORE** relationships.

